

## <u>Summer Hockey Sessions – July/August 2015</u>

## Updated June 24, 2015

## <u>Group 1 – 2006-2008 (Rep players only)</u>

Session 1 – Sunday July 5, 2015 –	4:30 pm – 6:00 pm – ACC #1
Session 2 – Sunday July 12, 2015 –	5:00 pm – 6:30 pm – ALC
Session 3 – Sunday July 19, 2015 –	5:00 pm – 6:30 pm – ALC
Session 4 – Sunday July 26, 2015 –	5:00 pm – 6:30 pm – ALC
Session 5 – Sunday August 9, 2015 –	5:00 pm – 6:30 pm – ALC
Session 6 – Sunday August 16, 2015 –	5:00 pm – 6:30 pm – ALC
Session 7 – Sunday August 23, 2015 –	5:00 pm – 6:30 pm – ALC
Session 8 – Sunday August 30, 2015 –	5:00 pm – 6:30 pm – ALC

## Group 2 – 2006 (AAA) -2005 and older (Rep players only)

Session 1 – Sunday July 5, 2015 –	6:00 pm – 7:30 pm – ACC #1
Session 2 – Sunday July 12, 2015 –	6:30 pm – 8:00 pm – ALC
Session 3 – Sunday July 19, 2015 –	6:30 pm – 8:00 pm – ALC
Session 4 – Sunday July 26, 2015 –	6:30 pm – 8:00 pm – ALC
Session 5 – Sunday August 9, 2015 –	6:30 pm – 8:00 pm – ALC
Session 6 – Sunday August 16, 2015 –	6:30 pm – 8:00 pm – ALC
Session 7 – Sunday August 23, 2015 –	6:30 pm – 8:00 pm – ALC
Session 8 – Sunday August 30, 2015 –	6:30 pm – 8:00 pm – ALC

COST: Payment for 8 sessions = \$250

Payment can be made by various methods. Please see website for further details.

- ✤ There will be a limited number of spots available for these sessions.
- Please reserve your spots as soon as possible.
- ✤ Full equipment including mouth guards is mandatory.
- Waiver forms are required to be filled out and signed prior to first session. Signing up via the website will eliminate the requirement of a paper copy. Please see registration tab on website.

The sessions will be made up of foundation hockey skills training. This will consist of drills that will emphasize power skating, puck handling, passing and shooting.

For more details please visit:

www.younggunselitehockey.com